

Professional and Practical Sessions Introduction:

The specialist team at Chroma will be sharing their expertise to help both newly qualified and established therapists to develop their practice. Practical advice on setting up your business, gaining new work and advertising will be presented alongside professional skills such as report and abstract writing and setting new assessment goals. All training sessions will be two hours long and CPD certificates will be provided.

Title	Who will lead	Planned Date	Description
Setting up your business - Contracting, invoicing, tax etc, Publicity – web, leaflets, social media	Andrew Bailey & Daniel Thomas	18 th September	Business advice and service development support
Beginnings and Endings	Rachel Swanick	16 th October	Practical and theoretical advice on starting and ending work
Goal setting, Assessment, Report Writing, Organisation Skills	Rachel Swanick & Jonathan Pool	13 th November	Theoretical and practical session on goal setting, assessments and report writing
Siblings	Rachel Swanick	11 th December	Planning sibling sessions and how to show progress
Working with the Network (professional/ SWs, schools, families)	Seren Grime	15 th January	Communicating effectively with the network around the referred child in therapeutic relationships
Special Guardianship Order (SGO)	Rachel Swanick	19 th February	The special guardianship family; this session highlights the powerful dynamics portrayed during therapy
Using Psychology Tools – GAD, PHQ9, ADHD, ASD screening	Rachel Swanick	19 th March	Using formalised assessment and screening tools in music, art and dramatherapy
Acquired Brain Injury	Jonathan Pool	30 th April	An introduction to Acquired Brain Injury (ABI) and some of the ways in which music therapists can work with brain injury survivors
Professional Development - Writing Abstracts and presentations, papers	Rachel Swanick & Jonathan Pool	14 th May	How to develop your professional impact, by writing abstracts, preparing presentations, using research and writing case studies
Teens	Rachel Swanick	18 th June	Highlights ways to work with teenagers in creative arts therapies
Safeguarding in Practice	Jo Godsall	9 th July	Safeguarding in practice; once you have reported the incident, what happens next as you continue the work?

About CHROMA

Working throughout the UK in partnership with social workers, case managers, healthcare teams and education establishments, CHROMA is the leading provider of creative arts therapies services.

We Are Chroma

CHROMA was founded in 2013 by a passionate and experienced group of therapists who continue to lead and manage the organisation. CHROMA works with adoptive children and their families, adults and children with brain injuries, local authorities, NHS and private healthcare settings and case managers and their associated legal teams. Working in collaborative partnership with our clients, colleagues, commissioners and communities, we won an Advancing Healthcare Award in 2017, and have continued to gain awards and commendations ever since. In 2020 we became registered with Ofsted.

CHROMA exists to enable people to realise their potential through creativity.

CHROMA has an experienced team of more than 80 art psychotherapists, dramatherapists and music therapists across the UK. Many of CHROMA's therapists have additional clinical specialisms, for example in Neurologic Music Therapy, the MATADOC assessment, DDP, EMDR and Therapeutic Life Story Work. CHROMA is able to offer high quality therapy services at scale and provides a range of management information to managers and budget-holders.

CHROMA works with some of the best known sector-leading organisations, including;

- 50+ local authorities and Regional Adoption Agencies
- HCA Healthcare UK
- Imperial College Healthcare NHS Trust
- Sue Ryder Care
- Relate
- STEPS Rehabilitation
- Voyage Care
- The Independent Neurorehabilitation Providers Alliance
- The Neurologic Music Therapy Academy
- Anglia Ruskin University

Affiliations

In 2017, CHROMA was a founding member of IMTAC (the International Music Therapy Assessment Consortium) along with 7 universities from around the world all dedicated to improving the use of assessment within music therapy.

In 2021, CHROMA's managing director Daniel Thomas joined the international Advisory Committee for Neurologic Music Therapy, hosted by Toronto University, and the Editorial Board of the NRTimes publication. Previously Daniel served a 3 year membership term on a Professional Practice committee of the World Federation for Music Therapy.

Our services

Across the UK, CHROMA's team of experienced therapists provide the following services;

- **Art Psychotherapy**
- **Dramatherapy**
- **Music Therapy**
- **Neurologic Music Therapy**



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