

Suggested reading list for those working with Adoption

Professional Texts

- Creative Therapies for Complex Trauma: Helping Children and Families in Foster Care, Kinship Care or Adoption. A. Hendry and J. Hasler. 2017
- Music Therapy with Families: Therapeutic Approaches and Theoretical Perspectives. S. Jacobsen and G. Thompson. 2016
- Nurturing Children: From Trauma to Growth Using Attachment Theory, Psychoanalysis and Neurobiology. G. Music. 2018
- Raising Parents. P. Crittenden. 2016

Parent-Based

- The Adopters Handbook. A. Salter. 2013
- What to expect when you're adopting. Dr Ian Palmer. 2009
- No Matter What. Sally Donovan. 2013
- A Pink Guide to Adoption. Nicola Hill. 2012
- Approaching Fatherhood. P. May. 2005
- Loving and living with traumatised children. Megan Hirst. 2005
- Why Love Matters. Sue Gerhardt. 2005
- The Primal Wound. Nancy Barrier. 2009
- The Whole Brain Child. Dan Siegel. 2012
- Creating Loving Attachments. Kim Golding / Dan Hughes. 2012
- Born for Love. Bruce Perry. 2011
- No Matter What. Sally Donovan. 2013
- When Love is not enough. Nancy Thomas. 2008
- Parenting with Theraplay: Understanding Attachment and How to Nurture a Closer Relationship with Your Child – Helen Rodwell and Vivien Norris. 2017

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Child-Based

- Nutmeg Gets Adopted. Judith Foxon, BAAF. 2001. Full colour illustrated story about a little squirrel who gets adopted when his birth mother is unable to keep him and his siblings safe. A set of practice guidelines accompanying this story will help parents and professionals working with children who may be bewildered, upset and angry, to come to terms with their family situation and adjust to a new life.
- Zachary's new home. Geraldine and Paul Blomquist. 1990
- Before I arrive. H. Townsend. 2013
- The Red Thread: An Adoption Fairy Story. Grace Kin, Albert Whitman and Company. 2007 – A children's story based on an ancient Chinese belief that an invisible, unbreakable red thread connects all those who are destined to be together.
- Oh brother! Tom Gets a New Adopted Brother (Claire Friday, Adoption UK, 2005) – Aimed at children aged between 7 – 11 years, this book tells the story of a single birth child whose parent decides to adopt another child.

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